

# Help for Husbands Course

## LESSON #2 IN REVIEW

### Meeting Her Emotional Needs

#### 1. The husband should cherish his wife – Ephesians 5:29

“Cherisheth” means “to soften by heat, to heat, to keep warm” as birds covering their young with feathers.”

Metaphorically speaking, the husband must keep the relationship with his wife from getting cold. He must cherish her with tender love and care.

#### 2. Beware of negativity.

After 25 years of marriage counseling, a husband-wife team of counselors noticed a trend in leading up to a divorce: The husband made at least one negative comment to his wife each day. This accumulates to 365 times a year. In three years, that's over 1000 negative comments. Each comment hurts his wife emotionally.

Illustration: What would you think of a man who punched his child “just once” a day?

Point: Make it your goal to **NEVER** hurt your wife emotionally.

Lester Roloff said, “God never revealed Himself as an iceberg, but always as a fire.”

#### 3. Keep your relationship with your wife warm.

Soften her heart toward you. How?

##### A. By sincere compliments.

Women are dying for sincere compliments and approval. Research on female infidelity indicates that women don't leave their husbands for a man who is handsome, sexy, or rich, but for one who is sensitive. This shows what women are really desiring.

##### B. By non-sexual touching.

A wife despises it when her husband ignores her and hurts her feelings, then gets romantic when he wants physical attention (then forgets her again).

It is important that husbands hold their wives, kiss them, hug them, rub their shoulders, rub their feet, hold their hand, and listen to them talk. A woman feels security in the arms of a man who loves her and is stronger than her.

##### C. By leading in love.

It is sad to see a man who is nice to and shows love towards everybody but those closest to him (including his wife). Charity must start at home. Your wife does more for you specifically than any other human on earth. A sensitive, spiritual husband will make much of his wife's cooking, looks, clothes, house, kids, yardwork, service, etc. That is love in action. Give your love to Christ first, and your wife second. Love her more than your children, too.

##### D. By praising her.

“Her children arise up, and call her blessed; her husband also, and he praiseth her.” (Proverbs 31:28)

God can find something about everyone to praise.

“Therefore judge nothing before the time, until the Lord come, who both will bring to light the hidden things of darkness, and will make manifest the counsels of the hearts: and then shall every man have praise of God.” (1 Corinthians 4:5)

Let's be like to Lord. Jesus was the compassionate friend of even the worst ladies on earth!

Love your wife unconditionally, whether she is tall, short, fat, skinny, lazy, average, mean, unkind, disabled, handicapped, unwise, selfish, unhappy, depressed, angry, or unlovely, etc.

Deuteronomy 24:5 says to cheer her up!