

Help for Husbands Course

LESSON #1 IN REVIEW

1. To be a good husband you must know how to live with yourself.

A man is three persons. He is a body (flesh, appetites, lusts), a spirit (emotions, attitudes, will), and a soul (a spiritual being able to have a relationship with God – once saved).

When God has control of these three persons, a man is complete. This will enable a man to live with a woman better. If a man does not have complete control over himself (by the grace of God, the power of the Holy Spirit, and the instruction of the Word), he will probably not succeed at relationships.

2. To be a good husband you must know how to live with a woman – a wife.

1 Peter 3:7 – You must study her and the Bible – so go back to the beginning and study it out:

- God made man out of dirt – Genesis 1:26 (Hebrew - adam - red, ruddy soil)
- God made every tree out of dirt – Genesis 2:9
- God made every bird out of dirt – Genesis 2:19
- God made the grass and vegetables out of dirt – Genesis 1:11-12
- God made all the beasts out of dirt – Genesis 1:24-25

But God made woman out of the man! She came from his side – Genesis 2:21-23. She is called “woman” because she is taken from the man.

A. The woman was made to help man.

Her main purpose for existence is to give God pleasure (Revelation 4:11) and to help man (1 Corinthians 11:8-9; Genesis 2:18-20). She is “an help meet” or “one fit to help a man.”

The main way she helps man is through marriage. So he wouldn't be lonely. The only thing God saw about creation that wasn't good was that man was alone.

B. The man is to minister to the woman.

Mainly through marriage - Genesis 2:24-25. He is to cleave to his wife. “Cleave” means “to hold, to cling to, to embrace.” The husband should try to hold the marriage together both literally and figuratively. Women are more emotional than men in most cases, and need to be held.

Marriage provides an opportunity for a man to minister to a woman – his wife. This ministration is to be done in love. Ephesians 5:22-23 mentions a man is to love his wife with a superior love like Christ showed toward the church when He died for it.

It is easier for a woman to help a man who loves her than it is to help a man who doesn't love her.

We will next learn what a woman needs and how to minister to her.