We are servants to whoever we yield to and obey!

Try to be servants of **God** and not servants of the **Devil**!

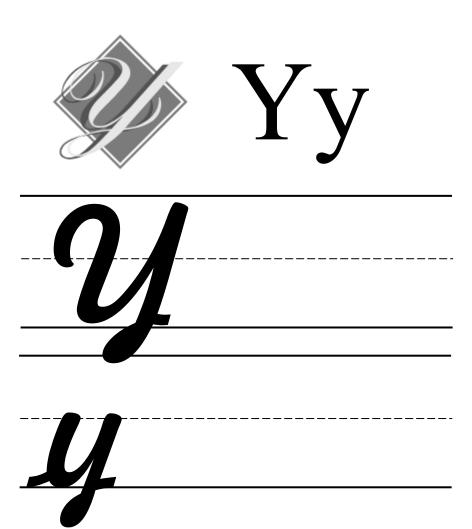


## Unscramble the words.

"Know not, that to	_ ye
yield yourselves	_ to
, his servants ye are	to
whom ye obey; whether of _	ins
unto death, or of	

(Romans 6:16)

unto righteousness."



 $\dots Y$ ield yourselves unto God $\dots$ 

Romans 6:13

ABC's of the Christian Life for Youth



The word "yield" is a small word with a big meaning. It means "to submit to, give way to, or comply with." For example, when a car sees a "Yield" sign on a road, that car must let the other cars go first. We must learn to let God go first in our lives.

Before that, however, we have to understand what we are made of when God created us. Just like an egg with three parts (the shell, white and the yoke), we are a 3-part being (body, soul and spirit). We must learn to give God every member or part of ourselves.

God told us to love Him with all three parts of our being in				
I Thessalonians 5:23, "And the very God of peace sanctify you wholly; and I pr	ау			
God your whole s and s and b be preserved				
b unto the coming of our Lord Jesus Christ."				

## We need to yield all of ourselves.

I. Our	body	need	s to	be yi	ield	led	to	God	ı
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I Corinthians 6:19, "..know ye not that your body is the t of the Holy Ghost which in in you..." Our body is also called "the flesh" in the Bible. It includes our appetite and what our body needs to survive. It is very important that we take care of our bodies. It is very hard to serve God when we are unhealthy and sick. Eat right and do not eat junk food, for your body is the temple of God. How else can we care for our bodies?

**A.** Every part of our body needs to be pure for God.

1.	Our	head

- long hair is a s\_\_ \_\_ \_ for men I Corinthians 11:14
- long hair is a g\_\_ \_\_ for women I Corinthians 11:15
- our eyes should be reading the Bible and good books not wicked things like pornography, ungodly TV, movies, magazines and books -Psalm 101:3, "I will set no wicked thing b\_\_\_\_ mine eyes:.."
- our mouth should never have ungodly things come out like lying, swearing, yelling, gossiping and telling dirty stories.
- our ears should be listening to preaching, teaching, singing and God; not wrong types of music, dirty jokes and gossiping. Keep the earrings on women not men.

## 2. Our hands and arms

- our hands should be used for working, cleaning, cooking, serving, handing the Bible skillfully, playing an instrument for God; not fighting, stealing, touching the opposite sex before marriage, or writing ungodly things. Our arms and other places should never have tattoo's on them. Leviticus 19:28, "Ye shall not make any c\_\_\_\_ in your flesh for the dead, nor p\_\_\_ any marks upon you: I am the LORD."

## **3.** Our feet and legs

- It is always proper for women and men to cover their legs and

thighs no matter how hot it gets. (That would go for shirts also. Keep your shirt on!)

- Make our feet pure by giving out the gospel and by staying out

<ul><li>B. The clothes tha</li><li>1. Men need shirt and pan</li><li>2. Women ne ourselves at a</li></ul>	places such as dances, bars and casinos.  t we wear over our bodies need to be modest.  to be modest. Cover ourselves, always wear a  ts. God hates nakedness.  eed to be m I Timothy 2:9. Cover  all times even when swimming. God hates  Modest clothing is not tight.
	to be yielded to God.
	"P <i>my soul;"</i> Our soul is the core of ou
-	e heart sometimes. Our soul longs for God and spiritual
things of God. It is	why we exist. This area of our being called the soul is ignored
THINK	by many. The way we take care of our soul is by feeding it spiritual things: <b>Reading our Bibles; Praying; Witnessing;</b>
CARELESSNESS IS DANGEROUS	Going to Church; learning about God; Loving God; Singing spiritual songs, hymns, psalms and Obeying God's Word.
III. Our spirit need	s to be yielded to God.
•	"Create in me a clean heart, O God; and renew a
	within me." Our spirit is our feelings, emotions and mentality
(the way we think)	. We need to protect our feelings and our mind from wicked
things. The body h	eals quickly but the mind heals very slowly. We must watch
what we do with o	ur mind and emotions.
We take care	of our spirit by feeding it good emotional and mental things,
_	God and eternal things, and pondering ideas.
A. Protect your M	
	you put in your mind with bad music, bad movies, fantasies,
	eaming and bad books. Matthew 12:35, "A good man out of
	asure of the h bringeth forth good things: and an
	of the evil treasure bringeth forth evil things."
<b>B.</b> Protect your En	
	om dating relationships. It leaves emotional oes not want our minds to be
c Christ." II Cor	from the simplicity that is in
<b>C.</b> Fill Your Mind a	

Learn to keep your mind active by studying the Bible. II Timothy 2:15,

"Study to shew thyself a\_\_\_\_ unto God, a workman that

needeth not to be ashamed, rightly dividing the word of t."