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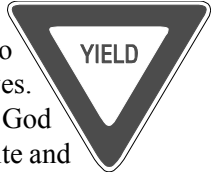
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... Yield yourselves unto God,...

Romans 6:13

The word “yield” is a small word with a big meaning. It means “to submit to or, give way or place to, to comply with.” We must learn to give God all of ourselves.



First, we have to understand what we are made of when God created us. Just like an egg with three parts (the shell, white and the yoke). We are a 3-part being (Body, soul and spirit). We must learn to give God every member or part of ourselves. Many things have 3-parts like water, ice and vapor; Father, Son and Holy Spirit, and many others. We need to yield our body, soul and spirit to God. God told us to love Him with all three parts of our being in *I Thessalonians 5:23*, “*And the very God of peace sanctify you wholly; and I pray God your whole s _____ and s _____ and b _____ be preserved b _____ unto the coming of our Lord Jesus Christ.*”

We need to yield all of ourselves.

I. Our body needs to be yielded to God. *I Corinthians 6:19*, “*..know ye not that your body is the t _____ of the Holy Ghost which in in you...*” Our body is called the flesh in the Bible. It includes our appetite and what our body needs to survive. It is very important that we take care of our bodies for God. It is very hard to serve God when we are unhealthy and sick. Eat right and do not eat junk food, for your body is the temple of God. To take care of the body, we have to take care of it with physical things. Our body is important to God, so make sure we wear modest clothing. God hates nakedness.

A. Every part of our body needs to be pure for God.

1. Our head

- long hair is a s _____ for men

- *I Corinthians 11:14*

- long hair is a g _____ for women - *I Corinthians 11:15*

- our eyes should be reading the Bible and good books - not wicked things like pornography, ungodly TV, movies, magazines and books - *Psalm 101:3*, “*I will set no wicked thing b _____ mine eyes:..*”

- our mouth should never have ungodly things come out like lying, swearing, yelling, gossiping and telling dirty stories.

- our ears should be listening to preaching, teaching, singing and God; not wrong types of music (Rock’n Roll, Country and Rap), dirty stories and backbiting. Keep the earrings on women not men.

2. Our hands and arms

- our hands should be used for working, cleaning, cooking, serving, handing the Bible skillfully, playing an instrument for

God; not fighting, stealing, touching the opposite sex before marriage and writing ungodly things. Our arms and other places should



never have tattoo's on them. *Leviticus 19:28, "Ye shall not make any c_____ in your flesh for the dead, nor p_____ any marks upon you: I am the LORD."*

3. Our feet and legs

- It is always proper for women and men to cover their legs and thighs no matter how hot it gets. (That would go for the shirts also. Keep your shirt on!)

- Make our feet pure by giving out the gospel and by staying out of wrong places such as dances, bars and casinos.

B. The clothes that we wear over our bodies need to be modest.

1. Men need to be modest. Cover ourselves, always wear a shirt and pants. God hates nakedness.



2. Women need to be m_____ - *I Timothy 2:9. Cover ourselves at all times even when swimming. God hates nakedness. Modest clothing is not tight.*

II. Our soul needs to be yielded to God. *Psalms 86:2, "P_____ my soul; ..."* Our soul is the core of our being. We call it the heart some-times. Our soul longs for God and spiritual things of God and why we exist for God. This area of our being called the soul is ignored by many. The way we take care of our soul is by feeding it spiritual things: **Reading our Bibles; Praying; Witnessing; Going to Church; learning about God; Loving God; Singing spiritual songs, hymns, psalms and Obeying God's Word.**

III. Our spirit needs to be yielded to God. *Psalms 51:10, "Create in me a clean heart, O God; and renew a r_____ spirit within me."* Our spirit is our feelings, emotions and mentality (the way we think). We need to protect our feelings and our mind from wicked things. The body heals quickly but the mind heals very slowly. Watch what we do with our mind and emotions. We take care of our spirit by feeding it emotional and mental things as thinking on eternal things and pondering ideas.



A. Watch what you put in your mind with bad music, bad movies, fantasies, daydreaming and bad books. *Matthew 12:35, "A good man out of the good treasure of the h_____ bringeth forth good things: and an evil man out of the evil treasure bringeth forth evil things."*

B. Stay away from dating now and when you're older. It leaves emotional scars. God does not want our minds to be "... c_____ from the simplicity that is in Christ." *II Corinthians 11:3*



C. Learn to keep your mind active by studying the Bible. *II Timothy 2:15, "Study to shew thyself a _____ unto God, a workman that needeth not to be ashamed, rightly dividing the word of t_____."*

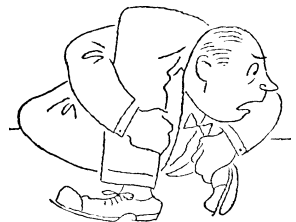
We are servants to whoever we yield to and obey!
Try to be servants of **God** and not servants of the **Devil**!



Unscramble the words.

“Know not, that to ye
 ey omwh
yield yourselves to
 vatsners
 , his servants ye are to
 yboe
whom ye obey; whether of
 ins
unto death, or of
 obieendce
unto righteousness.”

Romans 6:16



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